



Cough Tracker



Most people who wear an HME 24 hours a day begin to see an improvement in their coughing and mucus after a few weeks. Why not track your coughing with our handy tracker?

Week 1

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Number of coughs per day	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Number of hours wearing an HME per day	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Week 2

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Number of coughs per day	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Number of hours wearing an HME per day	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>