

Get off to a good start
after a laryngectomy

The first steps to living well

Getting used to life after a laryngectomy is challenging. To get to the point of being able to go out, socialise and participate in activities you enjoy may seem out of reach, especially if you are also trying to cope with excess mucus and coughing.

Learning to live and breathe with confidence is helped by establishing good daily routines and using an HME both day and night.

Provox® Life™ is a complete solution that works together to improve your lung health. The solution consists of:

- **A choice of high performing HMEs that ensure the right balance between humidification and breathability.**
- **Six interchangeable HMEs that mimic the function of your upper airways and cover your needs for every occasion.**
- **Newly designed adhesives with improved materials and new SecureFit™ coupling which provides you with comfort and confidence.**

Improve your lung health

By using a variety of innovative HMEs that optimise humidification both day and night.

Quality of Life

Reduced coughing

Less mucus results in less coughing affording you better days and nights

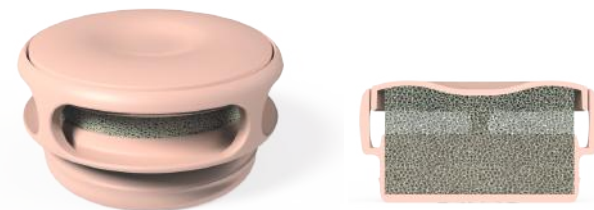
Reduction of mucus

24/7 HME use reduces mucus and improves lung health





Better lung health whether you're at Home



Provox Life™ Home HME is designed to improve your lung health when you are taking it easy at home. Like all Provox Life™ HMEs, it features a wider-than-standard diameter which optimises humidification and breathability for healthier lungs.

In addition, Provox Life™ Home HME has the highest humidification level of the daytime HMEs, for your at-home activities that don't require deep breathing, helping you improve your lung health throughout the day.

... or on the Go



Provox Life™ Go HME provides lower breathing resistance, helping make it easier to breathe when you are out and about and engaging in daily activities. This HME has a low profile and a smooth rounded form for a more discreet look.

The wider-than-standard diameter and less dense foam has enabled optimised breathability while still providing good humidification – helping you maintain good lung health, when out and about.



“I’ve got a new perspective on life, and appreciate the small things”

“The surgery had a huge impact on my daily life and my family. Straight afterwards, I didn’t know where I was. It felt like I was in a big black hole. I didn’t know what was going on. I couldn’t say anything. I couldn’t eat. I didn’t feel optimistic at all, but with the support from my family I got back on my feet again.

There were many things to go through after the surgery and there are things that I still can’t do. It’s hard to go to get-togethers. If I sit in a larger congregation, it’s hard to be heard when talking. And I can’t laugh, no sound comes out. But you learn to live with that and in a way the surgery really changed my perspective on life. I have really come to appreciate

the smaller things in life. To be with my family, play golf and do things that matter to me.

In terms of HMEs, I cannot do without Home HME and Go HME. They are necessary for my life, and I am very pleased with them, they work well. It is worth gold to have the ability to speak again. It cannot be described how good it is.

I know I have to take good care of my lungs, so I change my HMEs. It is excellent to have different HMEs for different situations. And they are easy to use. The Night product is also good if my skin is tender or red.

My overall advice is to reach out to others and keep up physical contact and activity.”

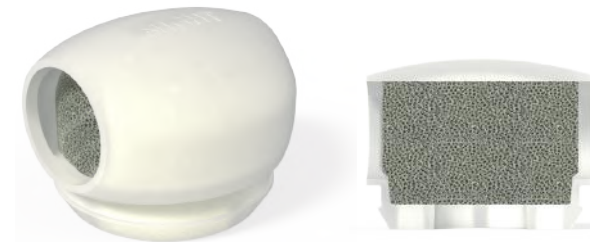
Bent Arthur Søndergaard is 76 years old, a trained electrician and has been married for 53 years.

He had his operation on April 01, 2017.





Rest assured at Night



Provox Life™ Night HME helps reduce coughing for more restful nights. It offers high humidification which helps reduce mucus production and coughing, allowing you to rest while improving lung health. The new range of accompanying adhesives have improved materials for better skin comfort so you can rest assured.





Taking the next steps

You may be at the stage where you are ready to try something new and reconnect to different activities in life. At Atos, we are experienced in helping people settle into their daily lives after a laryngectomy, and the Provox Life™ solution has a range of HMEs for every occasion.

Provox Life™ Protect HME

When you are away from home and need extra protection, e.g. travelling on buses, trains or airplanes; or when shopping or spending time outdoors, Provox Life™ Protect HME has a comfortable breathing resistance that not only warms and humidifies the air you breathe. It also effectively filters bacteria, viruses, dust, and pollen. Since you breathe through your neck stoma, it is important to protect your airway upon inhalation, as well as protect the people around you during exhalation.

Provox Life™ Energy HME

An HME with good humidification and low breathing resistance, which is perfect for when you are physically active.

Provox Life™ FreeHands HME

FreeHands HME is compatible with FreeHands FlexiVoice, which offers both the freedom to speak hands-free and with finger occlusion.



High performance adhesives ...

The clover-shaped adhesives are designed from high-performance materials to suit different skin types and stoma contours, providing you with a personalised solution.

Provox Life adhesives incorporate a soft, low profile coupling featuring the patented SecureFit™ technology. SecureFit™ gives an audible click to confirm that your HME is securely in place while the reinforced coupling provides a secure fit between your HME and the adhesive, while also being easy to remove.

- **Redesigned clover-shape for comfort and a good fit.**
- **New coupling with SecureFit™ technology for better security and compatibility with all Provox Life™ HMEs for simplified changing.**



... for comfort and a good fit

Provox Life™ Standard Adhesive

Standard is an everyday adhesive that provides a strong seal around your stoma. A soft, flexible and low-profile adhesive that forms a strong seal and provides a secure fit.





Minimise skin irritation with Sensitive

Provox Life™ Sensitive Adhesive

Sensitive is a gentle everyday adhesive for sensitive skin. A comfortable, gentle and low-profile adhesive that forms a good seal and provides a secure fit.



An adhesive for all stoma types and situations

Provox Life™ Stability Adhesive

Stability is a firm everyday adhesive that provides solidity, especially if your stoma is deep. It is an ideal adhesive for those who speak frequently or speak hands-free.



Provox Life™ Night Adhesive

Night adhesive allows your skin to recover while you sleep. A skin-friendly hydrogel adhesive that soothes and cools the skin.























Provox Life™ Full Range Overview

Breathing: HMEs, FreeHands & Accessory

Icon	Product Name	REF	Product description	Quantity	Product	Blister / Bag	Box
	Provox Life™ Home HME	8311	Home HME is designed to improve your lung health when you are taking it easy.	30			
	Provox Life™ Go HME	8310	Go HME helps make it easier to breathe when you are out and about or engaged in your daily activities.	30			
	Provox Life™ Night HME	8262	Night HME helps reduce coughing for more restful nights.	30			
	Provox Life™ Protect HME	8313	Protect HME not only heats and humidifies the air you breathe, but is also an effective bacteria, viruses, dust and pollen filter.	15			
	Provox Life™ Energy HME	8312	Energy HME provides low breathing resistance when you are physically active.	30			
	Provox Life™ FreeHands HME	7440	Provox FreeHands HME offers both the freedom to speak hands-free and with finger occlusion. To be combined with Provox FreeHands FlexiVoice.	30			
	Provox Life™ Shower	8308	Protects the stoma from water when showering.	1			

*Please note that the Provox Life Protect filtration capacity may vary depending on the size, shape and speed of airborne particles.

Breathing: Attachments


Icon	Product Name	REF	Product description	Quantity	Product	Blister / Bag	Box
	Provox Life™ Standard Adhesive Round Oval Plus	7460 7461 7462	Standard is an everyday adhesive that provides a strong seal around your stoma.	30			
	Provox Life™ Sensitive Adhesive Round Oval Plus	7463 7464 7466	Sensitive is a gentle everyday adhesive for sensitive skin.	30			
	Provox Life™ Night Adhesive	8261	Night adhesive allows your skin to recover while you sleep.	15			
	Provox Life™ Stability Adhesive	8263	Stability is a firm everyday adhesive that provides solidity, especially if a stoma is deep.	15			
	Provox Life™ LaryTube Standard Standard with Ring Fenestrated Fenestrated with Ring	7409- 7420 7421- 7428 7429- 7436 8048- 8055	For maintaining the opening of the tracheostoma. Available in Standard, Standard with Ring, Fenestrated and Fenestrated with Ring. The ring models are to be secured with Provox Life Adhesives and the other models with Provox LaryClips or Provox TubeHolder.	1			



“With the new range of HMEs, I managed to half the number of times I have coughing episodes, which is a blessing.”

– Joakim, Sweden





Atos Medical was born out of a desire to make life easier for people living with a neck stoma. Since our foundation in 1986, we have truly cemented ourselves as the world leader in Laryngectomy care.

Today, Atos Medical continues to serve the needs of more than 100,000 people with a neck stoma globally. We want to remain at the forefront and we know this involves more than first-rate product development, which is why clinical research and education of both professionals and patients are integral parts of our business.